



rauchfrei plus
Gesundheitseinrichtungen
für Beratung und
Tabakentwöhnung



ENSH
GLOBAL NETWORK
FOR TOBACCO FREE
HEALTH CARE SERVICES
Deutschland

German National quality validation process for Tobacco Management in Health Services

Christa Rustler

German Network for Tobacco Free Hospitals
& Health Care Services (DNRfK)
Health Care Plus
Berlin



Presenters Disclosure

The German Network for Tobacco Free Health Care Services / ENSH Germany

- Received and receives funding by the Federal Ministry of Health 2005-2010 and for the astra-Program from 2013-2016
- is based on fees for membership and services for health organisations or networks
- receives funding for implementation of the astra-Program from the DAK Gesundheit (statutory health insurance)
- ENSH Germany and the presenter never received any sponsorship or funding from industry or commercial organisations

10 Years: Development and Implementation

2005 - 2008: Smoke-free Hospitals

- Implementation of an ENSH Network in Germany



2008 - 2010: Tobacco free PLUS

- Counseling and cessation
- Implementation in Mental Health Services



2013 - 2015: astra - Tobacco free Nursing Students

- Program development in cooperation with IFT Institute for Therapy Research and University of Esslingen and Hannover



2015 - 2016: astra - Implementation research

- Research and sustainable implementation



ENSH-Global Concept

1. Governance and Commitment
2. Communication
3. Education & Training
4. Identification, Diagnosis and Tobacco Cessation Support
5. Tobacco-free environment
6. Healthy workplace
7. Community Engagement
8. Monitoring and Evaluation

Standards

Implementation
Criteria

Self Audit
Tool

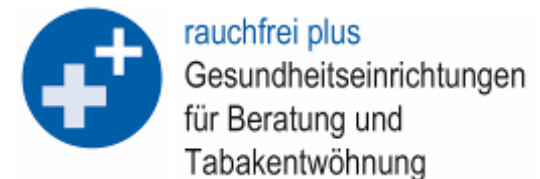
Indicators

Certified Healthcare Services – the PLUS

- Implementation of 8 ENSH-Global Standards covers 39 standardised requirements and implementation criteria
- Legislation (GE) covers (only) 8 of this criteria: non-smoker protection

The PLUS:

- Tobacco user receives advice and support to quit
- Staff is qualified to understand the needs of tobacco user and offer adequate treatment
- Hospitals and Healthcare Services are becoming regional centres of competence for tobacco prevention and treatment of tobacco addiction





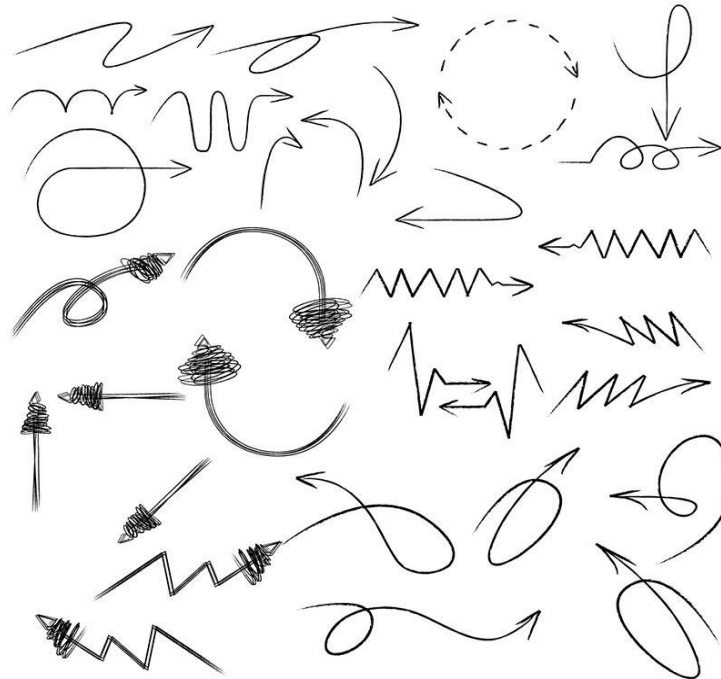
Implementation Process

Assessment

Plan

Implementation

Sustainability







Thanks to B. Albers



ENSH Concept – Self Audit Tool

Standard 1: Governance and Commitment The healthcare organisation has clear and strong leadership to systematically implement a tobacco-free policy	STANADRDS IMPLEMENTATION TOOL (enabler)		Goal-Attainment Score			
	Standard 1: Governance and Commitment		0	1	2	3
	IMPLEMENTATION CRITERIA	SELF AUDIT TOOL	No / Not implemented	Less than half implemented	More than half implemented	Yes / Fully implemented
	1.1 The healthcare organisation has clear policy documents towards the implementation of the ENSH-Global Standards	1.1 Policy documents of the healthcare organisation show commitment to implementation of all ENSH-Global Standards				
	1.2 The healthcare organization prohibits the acceptance of any sponsorship or funding from the tobacco industry, as well as the sale of their products and associated devices/ e-cigarettes	1.2.1 The healthcare organisation prohibits the acceptance of tobacco industry sponsorship and funding 1.2.2 The healthcare organisation prohibits the sale of tobacco products and associated devices/e-cigarettes.				
	1.3 The healthcare organisation identifies clear accountability for all levels and aspects of policy implementation.	1.3.1 A senior manager has responsibility for the policy implementation. 1.3.2 Accountability is assigned at all levels and for all aspects of policy implementation.				
	1.4 The healthcare organisation's staff employment documents (including subcontracts and documents with other agencies that work within the healthcare organisation) require commitment by all staff to an	1.4.1 Staff employment documents require staff commitment to the healthcare organisation's tobacco-free policy. 1.4.2 Subcontractor documents require staff adherence to the				

ENSH Certification and Recognition Levels

Membership	BRONZE	SILVER	GOLD Forum
 Commitment Assessment: Completed self audit Accountability	 Standard 1 and 2 Implementation Team Strategy Communication	 Standard 1 to 8 Training Tobacco cessation No tobacco sales Health promotion Regional activities Evaluation	 Standard 1-8 High quality in all standard requirements Systematic tobacco cessation program based on Tobacco-free Healthcare premises Monitoring
	26 pts St.1-2 (70%)	108 pts 1-8 (75%)	> 126 pts 1-8 (85%)

ENSH Certification and Recognition Levels

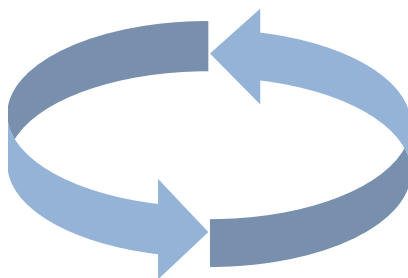
Membership

BRONZE

SILVER

GOLD Forum

Self audit
Strategy
Structured report
Evidence and action plan



Support, sharing good
practice, workshops
training

Audit on peer review
basis and On-site visit

Sharing and learning process



Why a structured Certification Process?

2006 – 2008: Experience based – step by step development

- Early certification processes were based on self audit results
- No external validation – low value, low recognition
- Start with external validation but limited preparation for hospitals
 - Lack of information about certification requirements
 - Implementation level was not achieved when we visited the hospitals
 - We found very good practice – but this was not available for sharing with other hospitals
- Structured report & On-site visit with Peer-Review, open for guests



Peer Review – one definition

A “Peer Review” is an external, development-oriented evaluation by peers with the aim to support the visited health care facility in its efforts to achieve sustainable improvement in quality and safety.

(German Medical Association 2014)



Certification Process Peer Review



Control

Facts / Results
Retrospective
Identification of existing
good practice
Clearly defined indicators

Development

Future orientation
Sharing and learning
Context, situation-oriented
Creating future good
practice

„Philosophy“ behind the DNRfK Peer Review

- It is much more a learning and sharing process than a rating or judgment process – for the applicant, the peers and for guests
- It includes evaluation on data but also communication and creating new perspectives (peer review concept)
- It should gain as much as possible transparency and evidence – by as little as possible strain on formality, financial and personal resources
- Reports and feed back are given with the intention to support implementation and improvement
- Improvement starts with the report and support in the application process
- Expert auditors are necessary for a valid and independent decision process



Roles and tasks in the Peer Review

Coordination

- Assess Self-audit and report
- Encourage and support
- Feed back on report
- Support improvements
- Chose Auditors / Peers
- Support communication
- Organisation Peer Review

The Health Care Organisation

- Provide Self-audit
- Prepare report and documents for evidence
- Open for feed back and ready for change
- Prepare On-site visit

Auditors / Peers

- Assess report and documents
- Request information for clarification
- Participate or lead On-site visit
- Provide feed back to hospital and coordination

Auditors requirements

Auditors

- are familiar with the implementation process of the ENSH-Global Concept
- had a responsible role in a Silver certifying process in their own organization
- or are experts in tobacco cessation / tobacco control in health care
- had participated in an Auditor's training
- gather experience as Co-Auditor in Silver certifying processes with other Auditors

Choose the Auditors

- No conflict of interest with the organisation (i.e. former employee, competing organisation)
- Understands the organisation's specialty (i.e. mental health, large organisation, University hospital, rural hospital)
- Combine different professions or expertise: Management & treatment perspective, research and practice experience
- Good communication skills in giving feed back and “change message”



Certification Report

- According to the standard criteria, description of measures, results, an action plan, and documents of evidence are required in a structured report

Standard	Implementation results	Evidence	Comments Auditors
Standard 1: Governance and Commitment			
The healthcare organisation has clear and strong leadership to systematically implement a tobacco-free policy.			
1.1. The healthcare organisation has clear policy documents towards the implementation of the ENSH-Global Standards; 1.2. The healthcare organization prohibits the acceptance of any sponsorship or funding from the tobacco industry, as well as the sale of their products and associated devices/ e-cigarettes; 1.3. The healthcare organisation identifies clear accountability for all levels and aspects of policy implementation; 1.4. The healthcare organisation's staff employment documents (including subcontracts and documents with other agencies that work within the healthcare organisation) require commitment by all staff to an organisation's tobacco-free policy; 1.5. The healthcare organisation seeks relevant representation to develop and implement a strategy and action plan based on the self-audit and policy monitoring and evaluation results; 1.6. The healthcare organisation allocates the human and financial resources necessary for all aspects of policy implementation.			Feedback on „Good Practice“ Requests / questions: Areas of improvement:
Action planned on Standard 1:			

Working on the Report

1. Overview and understanding the context

- Auditors receive the report and all related documents of the hospital
- All information in the context of the certification process is confidential
- Get a picture of the facility: size, location, specialties, sites, number of employees, ownership, possibly history
- Get an overall impression of the report: is it clear, focused, precise? What is missing, unclear, vague?
- Is there robust evidence according the measures and described results?



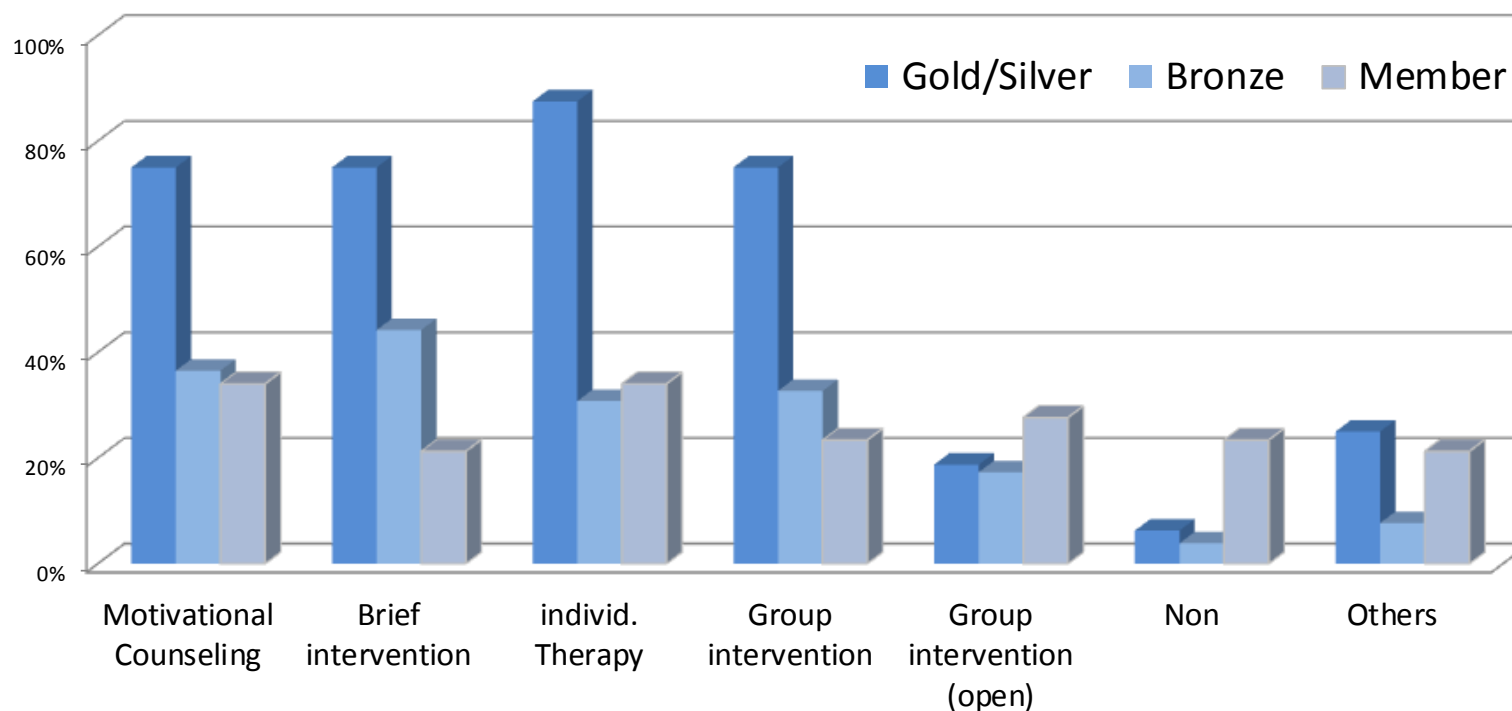
Assessment criteria

	Quality criteria	
Standard 2: Communication	Measures and documents for evidence	Implementation level
2.1 Interactive and targeted media is used to communicate the organisation's tobacco-free policy and availability of tobacco cessation services to all staff and subcontractors before and during employment	There are no measures and no documents	0 - not implemented
	There are few / incomplete measures and protocols	1 - less than 50% implemented
	There are nearly sufficient measures and protocols	2 – more than 50% implemented
	There are comprehensive policies and complete evidence	3 – fully implemented
.	There are according to the process and results improvement formulated	

Sharing and learning – the On-Site visit

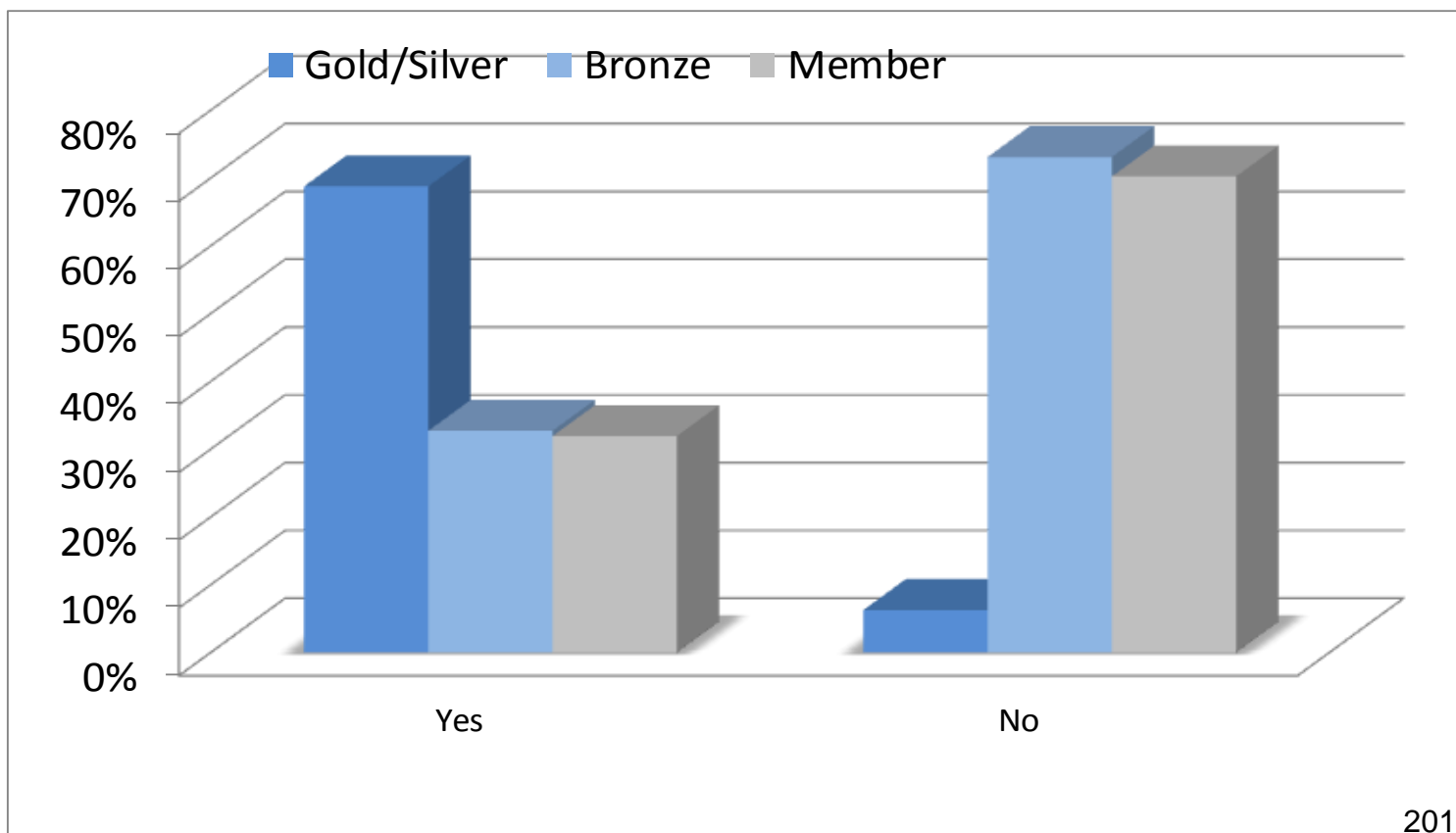
- Interested members and non-members are invited to the On-site visit (small group)
- The implementation process and achieved results are presented
- The implementation team is present for the expert discussion
- Observation tour through the hospital and campus
- The Auditors give feedback on strengths and areas of improvement
- Guests are invited in the expert discussion and also to give feedback
- Feedback from the hospital team on the process and what was helpful for their further implementation

Results: Tobacco cessation Interventions according certification level



2013 Mühlig et. al

Guidelines/ Standards for Cessation Interventions according certification level



2013 Mühlig et. al



Benefits and feed back

- We identify and gather models of “good practices” from the reports and the observations to share within the network
- Support sharing and learning in a structured process
- Recognition of the certification process and the certificates

Feed back from hospitals:

„Best training I got for the implementation of the standards.“

„We got specific and helpful feed back on our situation. This is so motivating!“

„This was the most respectful and interesting audit I ever experienced.“



Peer Review as support for Impelementation





rauchfrei plus
Gesundheitseinrichtungen
für Beratung und
Tabakentwöhnung



ENSH
GLOBAL NETWORK
FOR TOBACCO FREE
HEALTH CARE SERVICES
Deutschland

Thank you for your attention

Christa Rustler, Berlin
rustler@rauchfrei-plus.de